

*Tatshenshini Expeditioning*

CANOE / KAYAK / RAFT / RESCUE

4 DAY EXPEDITION

# ALSEK

INFO & PACKING LIST



# PACKING LIST

## WHAT WE PROVIDE

- 1 large waterproof 100L dry bag per person to store all your gear for the duration of the trip
- One smaller waterproof 10L dry bag day pack. This will be kept accessible during the day. For packing things like sunscreen, camera, extra layer, etc.
- A dry suit for added protection while on the water.
- Neoprene booties for your feet while in the raft.
- Bug repellent
- Lifejacket

All tents will be placed together in a separate bag for their protection if you wish. (You don't have to keep it in your personal bags!!!)

## YOU SUPPLY | CHECKLIST

These are suggested items to pack and you are welcome to bring additional items as long as it fits into your bag. If you have any questions please let us know!

### CAMPING EQUIPMENT & GEAR

- Sleeping Bag. Down or synthetic bag rated for -10 C. Use compression sac to save room
- Tent
- Sleeping pad
- Daypack - for hikes and layover days
- Toiletry kit - (toothbrush, toothpaste, soap and biodegradable shampoo, sunscreen (essential), face and hand cream, towel, personal medicines, etc.)
- A water bottle, which can be used on day hikes

### CLOTHING

- Raingear is essential - rain pants and jacket
- Vest or down hoodie/micro-down
- Wool sweater or fleece/pile jacket
- Wool socks - thick and thin
- Shirts, long sleeved wool and cotton.
- Shorts
- Fast-drying long pants
- Thicker pants for around the fire
- Sun/rain hat
- Camp clothes - Wool or fleece long underwear (for layering in camp and sleeping)
- Under your driesuit - Wool or fleece pants for insulation (NO COTTON) and an extra top for layering
- Warm gloves or mitts
- Toque
- T-shirts for camp
- Two pair of shoes. One pair of runners and one pair of lightweight hiking boots
- A lightweight mesh bug jacket. Optional

## HOW DO I DRESS FOR THE YUKON?



Layer up! Think like an onion, you want to be able to peel your layers. Having a base layer, mid layer and shell is always ideal. Temperatures can fluctuate from 0 to 30 degrees Celsius. In the mountains, conditions will always be changing so expect to be hot one minute and cold another!

# INFO & PLANNING

## RAFTING

### IS EXPERIENCE REQUIRED? *NOPE!*

All skill levels are welcome! Our guides are experts at taking guests of all skill levels down rivers in the backcountry.

### HOW MANY PEOPLE IN A RAFT? WHAT TYPE OF RAFT CONFIGURATIONS?

The numbers/ groups in each raft will be customized for every trip to accommodate the guests and their paddling interest. It can be anywhere from just a you and guide to 8 people. Raft configurations:

**CENTRE FRAME** = Guests who prefer not to paddle. Guide will have complete control

**REAR FRAME** = Guide has partial control but will require guests to paddle periodically for extra power.

**NO FRAME** = Requires full participation from guests to paddle but will be lead by guide who will be instructing you on what to do. (No experience required)

### SO HOW MUCH DO I HAVE TO PADDLE?

While we do appreciate a keen paddler we don't expect you to paddle if you don't want to, so it's up to you! Days are anywhere from 2-6 hours long of paddling and there can be lots of factors like water levels and wind that can effect paddling conditions.



## SAFETY

### QUALIFICATIONS & EXPERIENCE

All our guides are fully trained and certified. **Since opening in 1983 we've never had an incident** doing trips all throughout the Yukon and the world. On day 1 & 2 your guide will give a full safety orientation for both on the water and land.

### FIRST AID

We carry fully stocked first aid kits with us at all times. If you have any health conditions, require an EPI-pen or take medications, please specify in your registration forms.

### WHAT IF THERE IS AN EMERGENCY?

In case of an emergency we will implement our safety procedure which may involve evacuation.

## TRIP TIMELINE



Sign up!



Pay deposit to fully reserve spot



Ask questions and get excited!!!



30 days before your trip pay remainder of cost and hand in forms



Arrive to Whitehorse a few days before the expedition. We will drop off your bags/gear to pack at your accommodations.



We will pick up everyone from their accommodations and hit the road!

# INFO & PLANNING



## CAMPLIFE & THE BACKCOUNTRY

### ARE THE MOSQUITOES BAD?

It's a **myth** that we have bad mosquitoes like in the Tundra! Don't be surprised if you get a few bites but overall you will rarely if ever be swarmed. The camps tends to be breezy which keeps them away. While you're on the water you're in valley's with moving water which isn't ideal for them. If mosquitoes really bother you we bring bug spray and you can bring bug net clothing.

### WILL WE SEE WILDLIFE?

You will likely see them while on the river. The area is know for lots of bears, moose, eagles, wolverines and eagles.

### IS IT REALLY ALWAYS LIGHT?

Pretty much! Mid June is the peak of what we call "The Midnight Sun". The evenings will never reach full darkness until mid August. It will go from sunset to dusk to sunrise in the late hours of the evening and early hours of the morning. We love it because you can explore all night and there's no need for headlamps. Some people may find it difficult to sleep, so bringing a Buff or an eye mask may be a good option.

### HOW IS THE CAMP SETUP?

Every camp layout will be dictated by its locations and the guides. There will be a kitchen area, your tent area for sleeping and living/fire area with camp chairs. These are unique, non-fixed locations.

### NO TRACE CAMPING & BEAR SAFETY

It is best practice as well as regulation in Parks to always keep a clean camp not only for your own safety but to preserve the land you are on. These are the protocols we follow for bear safety and no trace camping that we will go over at orientation, if you'd like to read more about it - <https://yukon.ca/sites/yukon.ca/files/env/env-into-yukon-wilderness.pdf>.

### WHERE ARE THE BATHROOMS?

Leave no trace camping includes taking our human waste out. We transport a clean portable toilet system that we ask everyone to use. We guarantee you will never get better views from a toilet! Peeing in the bush is fine but if you use toilet paper don't leave it behind!

### CAMP CHORES?

We want you to have the best trip possible so the level of participation of helping with camp setup is up to you, however the guides will always appreciate the extra help!

### EVENINGS IN CAMP

The evenings are your time to do what makes you happy! This may involve relaxing in the tranquility of nature, sharing stories around the campfire, or enjoying a hike! Set your watch to "River Time" and unwind.

# INFO & PLANNING

## CAMPLIFE & THE BACKCOUNTRY

### WHAT'S THE BEST TIME TO GO FOR WEATHER?

The weather in the Yukon has a mind of its own. Every summer is different here so there isn't one date that is better than the other to go. From May to September the weather in the Yukon will vary from 0 to 30 degrees Celsius. You can expect everything from rain, wind, and sun. It is generally quickly changing, which is typical mountain weather.

### TRAVEL INSURANCE

Travel insurance is always a wise thing to purchase. Some packages may not cover specific activities so be thorough when selecting your plan. If there is an emergency we will get everyone safely returned to Whitehorse.




## HAVE ANY QUESTIONS?

PLEASE DO NOT HESITATE TO REACH OUT!

We love questions! If there's anything you would like to learn more about ask away.

 [info@tatshenshiniyukon.com](mailto:info@tatshenshiniyukon.com)

 (867) 633 - 2742 \*

 Contact us to setup a Q & A call

\* For international guests we can use WhatsApp for phone calls!

## FOOD

### ARE MEALS INCLUDED?

There's nothing better than a warm home cooked meal in the backcountry. We provide 3 meals a day with plenty of snacks! Our guides take pride in serving a gourmet menu with lots of variety and options.

### DIETARY RESTRICTIONS

We can accommodate all diets, allergies and restrictions! Please make sure you specify it on your forms and reach out if you have any questions or concerns.

### CAN I BRING MY OWN SPECIALTY ITEMS?

If there are particular snacks and/or beverages you wish to bring you are more than welcome to!

### HOT DRINKS & ALCOHOLIC BEVERAGES

We don't like to skip out on comforts and luxuries just because we are in the bush! All hot beverages (Coffee, tea, hot chocolate) and alcoholic beverages (beer, wine, liquor) are fully provided by us!